

MANAGING YOUR ATTITUDE

1 Thessalonians 5:16-19

The three things everybody longs for...

1. Good R_____.
2. Long L_____.
3. Good H_____.

The alphas: steady cautious individuals. By mid 50's - 51% had major medical problems.

The betas: lively, bright, clever, adaptable, articulate, and undemanding – in a word, positive. By mid 50's – 25% had major medical problems.

The gammas: moody, difficult, complex people with few social interests, vacillating from over to under self-confidence. By mid 50's 77% had major medical problems.

Ability is what you're CAPABLE of doing. Motivation determines WHAT you do. Attitude determines how WELL you do it. -Lou Holtz

Real optimism is aware of problems but recognizes SOLUTIONS, knows about difficulties but believes they can be OVERCOME, sees the negatives but accentuates the POSITIVES, is exposed to the worst but expects the BEST, has reason to complain but chooses to SMILE. -William Arthur Ward

Satan's purpose in life is to destroy our life:

The thief comes only to steal and kill and DESTROY. -John 10:10a

Jesus' purpose in life is to bring us life:

I have come that they may have life and have it to the FULL. -John 10:10b

May God himself, the God of peace, SANCTIFY you through and through, May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful and he will do it.

-1 Thessalonians 5:23-24

THREE KEYS TO MANAGING YOUR ATTITUDE:

1. Be J_____ always (1 Thessalonians 5:16, 1:6; Nehemiah 8:10; 1 Peter 1:8; Galatians 5:22).
2. P_____ continually (1 Thessalonians 5:17; Matthew 11:27).

ALL THINGS have been committed to me by my Father. -Matthew 11:27

*Some people run to prayer only when they have a problem.
If I'm NOT running to prayer all the time then I've got a problem.*

3. Give T_____ (1 Thessalonians 5:18).

It is always possible to be thankful for what is given rather than to complain about what is not given. One or the other becomes a habit of life. -Elizabeth Elliot

He who calls you is faithful and he will do it -1 Thessalonians 5:14