

## BEING ATTRACTIVE WITHOUT HAVING TO LOOK GOOD – PATIENCE

*“But when the Holy Spirit controls our lives, He will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.”*

Galatians 5:22-23 (NLT)

**“Impatience Triggers”** Relationships Life Circumstances Stupidity

### The picture

Patience is...“Having a long fuse...” makrothumeo & “Hanging in there...” hupomeno

*“...Patience is better than pride. Don't be quick-tempered, for anger is the friend of fools.”* Ecclesiastes 7:8-9 (NLT)

*“You, too, must be patient. And take courage, for the coming of the Lord is near.”*

James 5:8 (NLT)

**Patience reflects l\_\_\_\_\_**

*“Love is patient...”* 1 Corinthians 13:4 (NLT)

*“Be patient with each other, making allowance for each other's faults because of your love.”* Ephesians 4:2 (NLT)

**Patience leads to spiritual g\_\_\_\_\_**

*“For when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be strong in character and ready for anything.”* James 1:3-4 (NLT)

**Patience is r\_\_\_\_\_**

*“God blesses the people who patiently endure testing.”* James 1:12 (NLT)

### The problem

Overload Expectations Pride

### The plan

1. Reflect before \_\_\_\_\_

*“Those who control their anger have great understanding...”* Proverbs 14:29 (NLT)

2. Respond with \_\_\_\_\_

*“Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.”* Philippians 4:6 (NLT)

3. Pray for \_\_\_\_\_ to replace yours

*“Pray like this: Our Father in heaven, may Your name be honored. May Your Kingdom come soon. May Your will be done here on earth, just as it is in heaven.”* Matthew 6:9-10 (NLT)

*“...and He will give you all you need from day to day if you live for Him and make the Kingdom of God your primary concern.”* Matthew 6:33 (NLT)

*“The Lord...is being patient for your sake.”* 2 Peter 3:9 (NLT)

You've got a choice; react when triggered and cause \_\_\_\_\_ or respond with patience and cause \_\_\_\_\_.