

HAPPY FROM THE INSIDE OUT

Happy are the pure in heart, for they will see God

Matthew 5:8

Jesus is teaching us how to be happy through these eight secrets called "The Beatitudes" which are recorded at the beginning of His Sermon on the Mount. In the words of a popular song and commercial the Lord is telling us, "Don't Worry - Be Happy!" Today our passage focuses on being "pure in heart". Jesus actually devotes an entire chapter to this theme, Matthew 6.

Pure in heart = u_____ m_____

Matthew 6:1

How to Develop a Pure Heart Matthew 6

1. Remember G____ s____ e_____

Matthew 6: 4, 6, 18

Hebrews 4:13

2. Review m__ m_____

Proverbs 24:21 (GN)

* Giving vs. 2-4

* Praying vs. 5-15

* Fasting vs. 16-18

Opposite of "pure in heart" John 12:43

1 Thessalonians 2:4 (Ph)

3. Realign m__ p_____

Exodus 20:3

How do I know what my priorities are?

Three Tests:

* Look at my a_____

Matthew 6:19 (Ph)

* Look at my a_____

Matthew 6:25

Five Most Common Worries: finances v.24

food v.25

fitness v.27

fashion v.28

future v.34

* Look at my a_____

Matthew 6:31-33 (LB)

To be "pure in heart" means . . . I'm continually conscious of God's p_____

I'm content with God's p_____

Psalm 51:10 (LB) I'm controlled by God's p_____